

## 2020 Cities Thrive Mental Health Coalition Monthly Call Series

Tuesday, May 19<sup>th</sup> 2:15-3:15pm/Eastern Time Ways Local Governments Can Continue to Provide Mental Health Services to Student's during Covid-19

Call-In: 347-719-7789 (No Pin)

# PARTICIPANTS

**City of New York, NY Department of Education** – *LaShawn Robinson, Deputy Chancellor of School Climate and Wellness* 

- Social Emotional Learning at <u>Regional Enrichment Centers</u>
- Remote Counseling and Crisis Support
- Remote Learning with Social Emotional Learning Instruction

### City of Los Angeles, CA Unified School District - Joel Cisneros, Director of School Mental Health

• The Los Angeles Unified School District is operating a mental health hotline to help students and families coping with the challenges of the coronavirus pandemic. The hotline is staffed by district mental health professional's weekdays from 6 a.m.-6 p.m. Hotline operators are available to speak to people in both English and Spanish. Teachers can also call in or email mentalhealth@lausd.net to get advice on how to connect their students with mental health services.

### City of Dublin, GA Public School System - Tonia Spaulding, Director for Mental Health Counseling

• Dublin City Schools launched a YouTube series to help students with their mental health during Covid-19. The district started their "Be Well with Mrs. Tonia" series on their YouTube channel as a mental health resource. Director Spaulding says the videos will also help mentally prepare teachers, students, and parents to adjust back to life once COVID-19 ends. Each video shows a different skill for people use to control their behaviors. They upload a new episode to their YouTube page every Friday.

### **AGENDA**

- 2:15-2:20pm: Opening Remarks
- **2:20pm:** Introduction of LaShawn Robinson
- 2:20-2:30pm: City of New York Presentation LaShawn Robinson
- 2:30-2:35pm: Q&A for New York City
- **2:35pm:** Introduction of Joel Cisneros
- 2:35-2:45pm: City of Los Angeles Presentation Joel Cisneros
- 2:45-2:50pm: City of Los Angeles Q&A
- 2:50pm: Introduction of Tonia Spaulding
- 2:50-3:00pm: Dublin, GA Presentation Tonia Spaulding
- **3:00-3:05pm:** Dublin, GA Q&A
- 3:05-3:10pm: Student Mental Health Resources Available
- 3:10-3:15pm: Closing Remarks