

# CoE Office Hours: How to Leverage Telehealth Strategies for Substance Use Brief Intervention

Thursday, May 13<sup>th</sup>, 2021 3:00-4:00pm ET



Center of Excellence for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration Operated by the National Council for Behavioral Health



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Substance Abuse and Mental Heal Services Administration

www.samhsa.gov







# **Upcoming CoE Events:**

CoE Office Hours: Supporting Leadership Development Among BIPOC Staff Register here for Office Hour on May 24, 2021, 2-3pm ET

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Contact us through this form here!

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## Resources

## sbirtoregon.org

tools

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Online

curriculum

Video

demonstrations

Billing &

documentation

SBIRT (Screening, Brief Intervention, Referral to Treatment) represents an innovative, evidence-based approach to addressing unhealthy alcohol use with medical patients. Its core components include:

- Regular and universal screening in the medical setting, regardless of medical complaint.
- Universal and routine use of validated screening tools.

Screening

Workflows

- Consideration of substance use as a continuum rather than a dichotomous "addicted versus not addicted" judgment.
- . Use of patient-centered change talk versus directive, prescriptive talk.
- Facilitating smooth, bidirectional transitions between primary care and specialty addiction treatment.

While SBI towards adult alcohol use ranks among the highest-performing preventive services based on cost effectiveness and health impact, it also remains among the least implemented. Common perceived barriers include limited time during the patient visit, lack of knowledge and training, fearing negative patient reactions, and feeling uncomfortable discussing substance use.

This website presents information and tools designed to counter these barriers, and emphasizes a team-based approach to implementing SBIRT. Our materials cover drug use as well, despite evidence that brief interventions may not impact self-reported drug use among adult patients.

This website was created in the Department of Family Medicine at Oregon Health and Science University and acts as a resource for primary care clinics and emergency departments throughout Oregon and the United States.



Screening

#### **Website Resources:**

- Demonstration videos
- Screening forms
- Reimbursement information
- Pocket cards and tools
- Training curriculum
- Screening app
- Adult Reference Sheet
- Adolescent Reference Sheet
- <u>Pregnancy Reference Sheet</u>

#### Others:

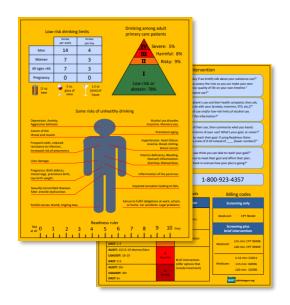
- Webinar Recording: How to Leverage Telehealth Strategies for Substance Use Brief Intervention
- Adult SBIRT Change Package
- Adolescent SBIRT Change Package



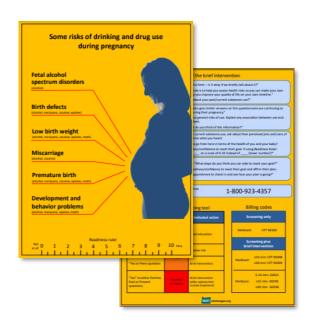




## **Reference Sheets (Handouts)**







**Adult Reference Sheet** 

**Adolescent Reference Sheet** 

**Pregnancy Reference Sheet** 







## **Thank You**

### **Questions?**

Email integration@thenationalcouncil.org

SAMHSA's Mission is to reduce the impact of substance abuse and mental illness on America's communities.

## www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)



