



NATIONAL
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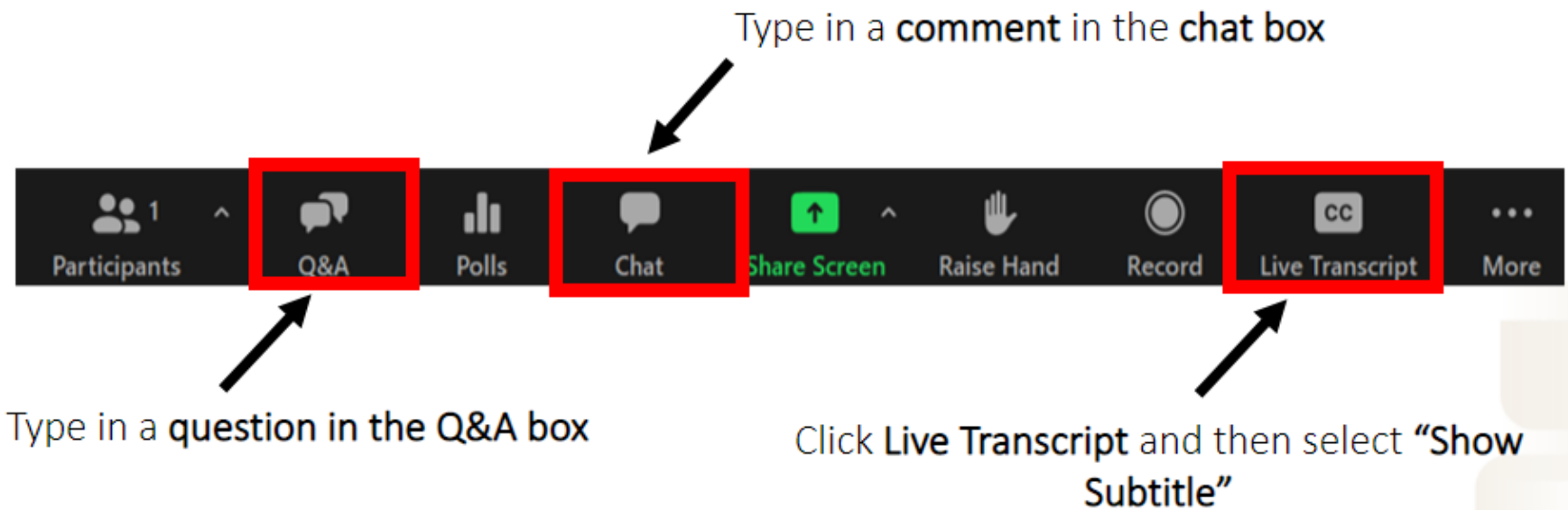
CoE-IHS Equity in Action- Enhancing Maternal Health Outcomes Through Integrated Care for Women of Color

Thursday, March 14th, 2024
12-1pm ET

CENTER OF EXCELLENCE for Integrated Health Solutions

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

Questions, Comments & Closed Captioning



Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



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Introductions

Moderator: Dr. Ami Roeschlein, *Consultant*, Practice Improvement & Consulting, National Council

Guest Panelists:

- **Kay Matthews**, Licensed Community Health Worker, Executive Director, Shades of Blue Project
- **Dr. Keemi Ereme**, MD, MPH, OB/GYN, Physicians for Reproductive Health, Complex Family Planning Fellow, University of Washington
- **Saleemah McNeil**, Reproductive Psychotherapist, Certified Lactation Consultant, professionally trained Birth Doula and a traumatic birth survivor

Health Equity Faculty

- **Aaron Williams**, *Senior Advisor*, Practice Improvement & Consulting, National Council
- **Dr. Pierluigi Mancini**, *President*, Multicultural Development Institute
- **Dr. Lakeya Cherry**, Executive Leadership Coach, Founder of Lakera Cherry LLC

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Enhancing Maternal Health Outcomes Through Integrated Care for Women of Color

Research shows that discrimination and racial injustice have a significant impact on maternal mortality rates among people who identify as women of color. Studies have also shown that women of color are disproportionately impacted by maternal mortality and negative whole-person health outcomes,, with factors such as implicit bias, unequal access to health care services, socio-economic disparities, and systemic racism playing a role in these disparities.

End of Session Poll Questions

See pop up box for **3 poll questions**.

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Health Equity Tools & Resources

- [Center of Excellence for Integrated Health Solutions](#)
- [Access for Everyone: A Toolkit for Addressing Health Equity & Racial Justice within Integrated Care Settings](#)
- [Social Justice Leadership Academy \(SJLA\) Workbook](#)
- [Racial Equity Tools](#)
- [Diversity, Equity & Inclusion Framework](#)
- [Racial Equity Toolkit](#)
- [Raising the Bar \(RtB\) Framework](#)



[Health Equity and Racial Justice Webpage](#)

National Council for Mental Wellbeing

See our page for more information on Webinars and Upcoming Events, Resources and Tools, and Training and Technical Assistance focused on Health Equity and Racial Justice

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Integrated Care & Maternal Health Resources

- [Center of Excellence for Integrated Health Solutions](#)
- [KFF – Racial Disparities in Maternal and Mental Health](#)
- [2022 White House Blueprint for Addressing the Maternal Health Crisis](#)
- [Maternal Mental Health Leadership Alliance \(MMHLA\)](#)
- [Perinatal Mental Health Alliance for People of Color \(*En Español*\)](#)
- [Hear Her – CDC Resources for AIAN People](#)
- [Shades of Blue Project](#)
- [Black Mental Wellness](#)
- [Black Mamas Matter](#)
- [American Hospital Association – Better Health for Mothers and Babies](#)
- [Alliance for Innovation on Maternal Health \(AIM\)](#)
- [California Maternal Quality Care Collaborative \(CMQCC\) - Toolkits](#)
- [Institute for Diversity and Health Equity](#)
- [March of Dimes Implicit Bias Training](#)
- [Toxic: A Black Woman's Story](#)
- [\\$6 Million Temple University Study To Address Black Maternal Health](#)

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Guest Speaker Bios

Kay Matthews



As the founder of The Shades of Blue Project, Kay Matthews and her team are on a mission to uplift all birthing individuals with the care, respect, and dignity they deserve – no matter their social status or birth outcome. We focus on the birthing experience, and this is how we bridge the gaps by acknowledging everyone's birth story matters. Through education, advocacy, and support, we are dedicated to helping birthing individuals of color whose lives are impacted by racial disparities that amplify their birthing struggles. It is from my own personal experience of infant loss and postpartum depression, that I've recognized a critical diversity gap in mental health resources and emotional support for Black and minority birthing individuals which is what we are working to dismantle through our work and advocacy.

<https://www.thekaymatthews.com/shades-of-blue>

Ways to support

Upcoming Initiatives:

- 6th Annual National Campaign Black Maternal Mental Health Week **July 19-25**
- Black Maternal Mental Health Summit **July 24th and 25th**

Link: <https://bit.ly/BMMHWEEKEVENTS>

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Guest Speaker Bios

Dr. Keemi Ereme

Dr. Keemi Ereme is an OB/GYN and Complex Family Planning Fellow at the University of Washington. She completed her Obstetrics and Gynecology residency at the University of Illinois at Chicago in 2023 and her medical degree at Howard University College of Medicine in 2019. She has also completed a Master of Public Health Degree in Global Health Communication at The George Washington University. Dr. Ereme is passionate about women's health and reproductive justice especially as it relates to women of color. She incorporates advocacy into her career to help advance those objectives. Her research focuses on health disparities and centers people of color. She is a fellow of the Physicians for Reproductive Health, Leadership Training Academy, class of 2023. She is also the host of the podcast, The Oshun Project: Speaking Justice to Reproductive Health, which centers people of color and aims to educate, and advocate for reproductive justice.



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Guest Speaker Bios

Saleemah McNeil



My name is Saleemah J. McNeil, I am the Founder and Executive Director of Oshun Family Center, a Reproductive Psychotherapist, certified lactation consultant, a retired birth doula, maternal health researcher, adjunct professor, and maternal health advocate. I sit on a host of committees and boards to advance maternal health such as the maternal mortality review committee and a partner of the Black Mamas Matter Alliance. Additionally, I am the curator of the Maternal Wellness Village, a Philly-based collective of Black birth workers that directly serve the community and serve as content area experts to boards, institutions, and legislators. And lastly, I am published! I am a co-author of an article that will be published in fall 2023 in the Green Journal from the American College of Obstetrics and Gynecology! I have personally and professionally contributed to the community by providing equitable, racially concordant direct services to members of the Black community to address concerns regarding the intersection of racism and maternal health, perinatal mood and anxiety disorders, and trauma. Maternal morbidity & mortality is a public health crisis, therefore working to improve the experiences of Black birthing families, will ultimately impact their overall quality of life.

<https://oshunfamilycenter.org/>

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Are You Ready to **INSPIRE** Change? Join Us As a Panelist!

Upcoming Events

April EIA

Our team will skip the April session to manage and settle into some team transitions.



May EIA: Maternal Mortality among Black, Indigenous, and Women of Color

Tuesday, May 14th, 12-1pm ET

June:TBD

Date: TBD

Complete [brief survey](#) to submit interest in being a panelist!



NatCon24

April 15-17, 2024
St. Louis, Missouri

Join the CoE-IHS for Integrated Care Training and Technical Assistance!
Full-day 8:30 a.m. - 5 p.m. CT | Sunday, April 14, 2024

**Lunch is included*

Integrated Care Bootcamp

Improve upon your organization's integrated care journey with our full day preconference university that will include information on concepts of integrated health, models of care, financing integration, how to be culturally responsive and collecting and utilizing data. You'll hear from leading experts from National Council's Center of Excellence for Integrated Health Solutions and engage in dialogue about achieving success by enhancing wellness services for people living with complex health conditions and innovative strategies in integration.

[Register Now!](#)

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Upcoming Events



March

26

from 2-3pm ET

CoE-IHS
IA: Advancing
General Health
Integration: A Panel
Discussion for
Clinics

[Register Here](#)

May

14

from 12-1pm ET

CoE-IHS
EIA: Working Moms
and Mental Health

[Register Here](#)

Relias On-Demand
Training

[Learn More](#)

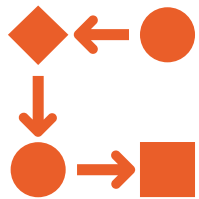
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CHAT WITH AN EXPERT!

Schedule a free call with an integrated care expert to discuss:



**Implementing
Models of
Integrated Care**



**Health Equity
through
Integrated Care**



**Population
Health in
Integrated Care**



**Workforce
Development**



**Integrated Care
Financing &
Operations**

Diversity, Equity and Inclusion

Ongoing Impacts of COVID-19 Pandemic

[Submit a Request!](#)

Thank You

Questions?

Email integration@thenationalcouncil.org

SAMHSA's Mission is to reduce the impact of substance abuse and mental illness on America's communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889
(TDD)

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