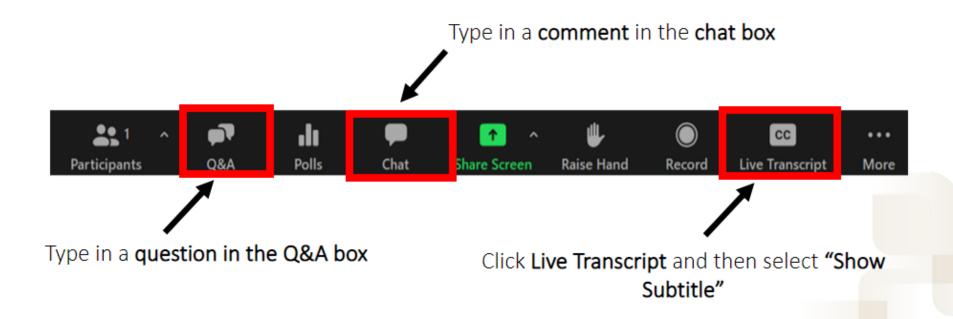


Advancing General Health Integration: A Panel Discussion for Clinics

Tuesday, March 26th 2024 12-1pm E.T

Questions, Comments & Closed Captioning





Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



Substance Abuse and Mental Health Services Administration www.samhsa.gov





Panelists

Art Fuller, M.Ed., Chief of CCBHC Hamilton Center

Greg Seedott, M.S., CCBHC Director, Hegira Health Inc.

Moderator: Henry Chung, M.D., Director General Health Integration Learning Collaborative, Professor of Psychiatry, Albert Einstein College of Medicine

Moderator: Ekaterina (Katy) Smali, M.P.A, M.P.H, Co-Director General Health Integration Learning Collaborative, Care Management Organization, Montefiore

Moderator: Molly Finnerty, M.D., Consultant for Learning Collaborative, Associate Research Professor, Department of Child and Adolescent Psychiatry, NYU Langone Medical Center and Medical Director, Office of Population Health and Evaluation, NYS Office of Mental Health





Developing the GHI Framework

- ✓ Targeted literature review on models of general health integration into behavioral health to identify evidence-based building blocks
- ✓ **Key informant interviews** of behavioral health leadership, behavioral health providers, primary care practitioners, policymakers, and payers
- ✓ Development of the **continuum-based framework** for general health integration in behavioral health settings
- ✓ This approach was successful in developing and evaluating a <u>Framework for General Health Integration in Behavioral Health</u> <u>Settings</u> and <u>published in peer reviewed paper</u>
- ✓ National Council 12-month Learning Collaborative GHI Framework Evaluation Piloted with 19 Community Behavioral Health Clinics
- ✓ Learning Collaborative Findings and Revised GHI Framework Published and presented in the CoE-HIS webinar

GHI Framework Domains & Subdomains



1. Screening, referral to care, and follow-up

- **1.1** Screening and follow-up for preventive interventions and general medical conditions (GMC)
- **1.2** Facilitation of primary care referrals and f/u



2. Evidence-based care for preventive and general medical conditions

- **2.1** Evidence-based guidelines or treatment protocols for basic and targeted preventive interventions
- **2.2** Evidence-based guidelines or protocols for treatment of general medical conditions (GMC)
- **2.2** Use of targeted medications by behavioral health prescribers for preventive and general medical conditions
- 2.3 Trauma informed care



3. Ongoing care management

3.1 Longitudinal clinical monitoring (outcomes and side effects) and engagement for preventive health and/or general medical conditions



4. Self-management support adapted to patient

4.1 Use of tools to promote patient activation and recovery with adaptations for literacy, economic status, language, cultural norms

GHI Framework Domains & Subdomains (Cont'd)



5. Multi-disciplinary team (including patients) with dedicated time

- 5.1 Care team
- **5.2** Sharing of treatment information with PCP, case review, care plans and feedback
- **5.3** GHI Integrated care team training



6. Systematic quality improvement

6.1 Use of quality metrics for physical health program improvement and/or external reporting



7. Linkages with community and social services

7.1 Linkages to housing, nutrition, entitlement, other social support services



8. Sustainability

- **8.1** Build process for billing and outcome reporting to support sustainability of integration efforts
- **8.2** Build process for expanding regulatory and/or licensure opportunities

GHI LC Process & Outcome Quality Metrics



- Most are selected from national measures of quality, endorsed by NQF, USPSTF, HEDIS, or CMS and required CCBHCs clinic or state reporting measure
- Reporting requires client level numerators and denominators

| GHI Collaborative Metrics | NQF or NQCA Identifier | CCBHC Reporting | Metric Type | DOMAIN 1: Screening | DOMAIN 2. EBP | DOMAIN 3. Ongoing Care | DOMAIN 4. Self-management | DOMAIN 7. Linkages |
|---|------------------------------|--------------------|----------------|------------------------|------------------|---------------------------|------------------------------|-----------------------|
| Access to Prevention/ Ambulatory Health Care | NCQA AAP | HEDIS | Process | X | | | | |
| Diabetes Screening for People with Schizophrenia/Bipolar Disorder | NQF 1932 | CCBHC - State | Process | X | | | | |
| Tobacco Use Screening and Cessation Intervention | NQF 0028 | CCBHC - Clinic | Process | X | X | | | |
| Unhealthy Alcohol Use Screening and Brief Counseling | NQF 2152 | ССВНС | Process | X | X | | | |
| Unhealthy Drug Use | USPSTF | | Process | X | Χ | | | |
| Comprehensive Diabetes Care: HbA1c Poor Control (>9.0%) | NQF 2607 | HEDIS | Outcome | Х | Х | Х | Х | |
| Depression remission at 6 & 12 months | NQF 0710 | ССВНС | Outcome | Χ | Χ | Χ | Χ | |
| Screening for social needs | | NOMS | Process | Χ | | | | Χ |

Tools & Resources

GHI Related Publications

- Evaluation of a GHI Framework: Findings and Recommendations
- Utilizing an Evidence-based Framework to Advance Integration of General Health in Mental Health and Substance Use Treatment Settings – <u>Blog post</u>
- Advancing Integration of General Health in Behavioral Health Settings <u>Issue Brief</u>
- Smali, E et al. A Continuum-Based Framework as a Practice Assessment Tool for Integration of General Health in Behavioral Health Care. Sept 2021; Psychiatric Services Journal – <u>Publication</u>

National Council for Mental Wellbeing

- Center of Excellence for Integrated Health Solutions Resource Home Page
- High-Functioning Team-Based Care <u>Toolkit</u>

Other

- Agency for Healthcare Research & Quality –Implementing a Team-Based Model in Primary Care – <u>Learning Guide</u>
- Behavioral Health Integration into Primary Care <u>Framework</u>







Panel Discussion Questions

- 1. How did using the GHI framework as a team help you identify areas for advancement, and what plans did you put in place to advance in those selected domains?
- 2. Which quality measures did your team improve, either reporting on or improving performance? What tactics or strategies did you use to improve?

End of Session Poll Questions

See pop up box for **3 poll questions**.



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*Lunch is included

Integrated Care Bootcamp

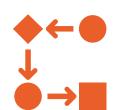
Improve upon your organization's integrated care journey with our full day preconference university that will include information on concepts of integrated health, models of care, financing integration, how to be culturally responsive and collecting and utilizing data. You'll hear from leading experts from National Council's Center of Excellence for Integrated Health Solutions and engage in dialogue about achieving success by enhancing wellness services for people living with complex health conditions and innovative strategies in integration.

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Health Equity through Integrated Care



Population Health in Integrated Care



Workforce Development



Integrated Care Financing & Operations

Diversity, Equity and Inclusion

Ongoing Impacts of COVID-19 Pandemic

Submit a Request!

Thank You

Questions?

Email integration@thenationalcouncil.org

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