



# SJLA Learning Series May 2024 Event: Bridging the Gap: Engaging Community Organizations and Peer Recovery Specialists in Your Work

Wednesday, May 15, 2024 12-1 p.m. ET

Thank you for joining! The webinar will begin at the top of the hour.

## Asking A Question & Using Closed Captioning



#### All functions are located at the bottom of your screen

- Ask questions by using the Q&A function (you will <u>not</u> be able to unmute). Please indicate if you would like your questions to be anonymous.
- Use the chat for discussion & interactive activities.
- Click and then select "Show Subtitle" to access closed captioning or "View Full Transcript" to access the transcript.





<sup>\*</sup>If you are experiencing technical difficulties, please send a direct Zoom chat message to Hosts and Panelists.

## SJLA Community Norms

- Practice empathy: discussions around social justice and equity touch on sensitive topics that require us all to be understanding of each other's backgrounds and experiences.
- As you participate in today's webinar, please remember to stay committed to openness and learning.

#### **Chat Norms:**

- We may have differing opinions on ideas, but those differences should always be discussed respectfully to facilitate education and growth.
- Insulting, bullying, inflammatory, and offensive language will result in removal from the webinar.
- If you have any questions or concerns or are experiencing issues in the group, feel free to reach out
  to one of the moderators privately in the chat or by emailing <a href="mailto:SJLA@thenationalcouncil.org">SJLA@thenationalcouncil.org</a>. We are
  here to help!



## Frequently Asked Questions

- All Learning Series events are recorded and will be made available to view on demand, along with a copy of these slides, on our SJLA webpage within 48 hours following the event's conclusion.
- The SJLA Workbook is not required to participate in the Learning Series. However, if you are interested in purchasing a copy, it is available on our SJLA website.
- The SJLA Learning Series is not CEU accredited.
- There will not be a certificate of completion for attending the SJLA Learning
  Series. However, if you would like proof of attendance for your employer, please
  email SJLA@thenationalcouncil.org and we would be happy to provide you with an
  email verification.





#### Description

In this SJLA Learning Series event, we will focus on empowering individuals with lived experience in mental health and substance use treatment serving as peer recovery specialists.

Our presenters will share examples of how they have cultivated recovery-friendly work environments and community relationships to support this work. Participants will explore various career paths for a Peer Recovery Specialist and how to best integrate Peer Recovery Specialists on an individual and organizational level.

## Learning Objectives

#### Participants will:

- 1. Understand the role of peer support specialists to implement best practices for role preservation and career sustainability.
- Recognize existing stigma surrounding peer work to more effectively cultivate inclusive work environments.
- Highlight data to support the need for peer recovery work and the intended outcomes.



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### Today's Presenters



Carolyn Vidmar

Community Impact Coordinator

Enoch Pratt Free Library

Pronouns: she/her/hers



Donna Bruce, CPRS-F, RPS, RCPF
Operations Assistant II,
Programs & Outreach
Enoch Pratt Free Library
Pronouns: she/her/hers



Dwayne Dean, RCPF, CPRS, RPS, ICPR
Principal Facilitator and Consultant
Peer Recovery Training and Support
Services

Pronouns: he/him/his

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Bridging the Gap:
Engaging Community
Organizations and
Peer Recovery
Specialists in Your
Work

Dwayne Dean, RCP-F, CPRS, RPS, ICPR







Peer Recovery
Training and
Support Services











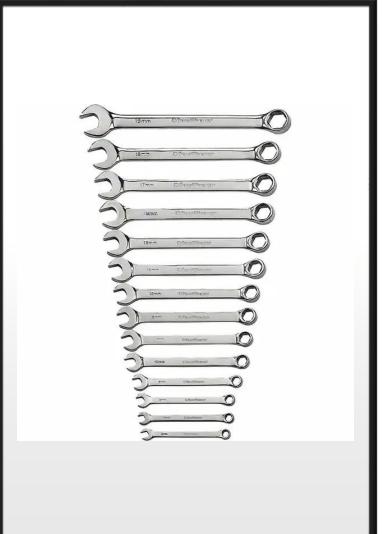














## Peer Recovery Support

Reaching
Out Can
Make All The
Difference



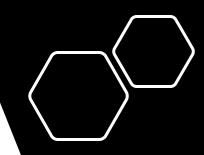
#### What Peers Don't Do

- Coach
- Fix
- Help
- Save
- Coercive Crisis Response
- Encourage Treatment
   Compliance









Recovery Uber



#### What Peers Do

- Bear Witness
- Return Power
- Show Up Authentically
- Hold Space
- Approach with Curiosity
- Trust the People They're Working With
- Offer Alternative Perspectives













#### Multiple Levels of Stigma are Interconnected

#### Structural Stigma

Discriminatory social structures, cultural norms, policies, and legislations

#### **Social Stigma**

Ignorance/misinformation
Prejudice and problems in attitudes
Discriminatory behavior

#### Self Stigma

Internalization of stigma Negative beliefs applied to self

Adapted from Javed et al, 202.



# Diversity Equity and Inclusion

Tokenism is the result of doing the bare minimum in DEI initiatives. Tokenism occurs when a company makes a purely symbolic effort of "keeping up appearances" to show support for diversity to avoid criticism. In short, it's false DEI.

Left unchecked, tokenism in the workplace can lead to the wrong hiring decisions or achieving diversity targets without engaging your organization's diverse employees.

An organization may employ diverse candidates, but they're guilty of tokenism if the work environment isn't inclusive.

Tokenism is discrimination that occurs when companies make diversity and inclusion mistakes. It can manifest in the workplace in a couple of ways, like:

## Thank you!

#### **Contact info:**

Dwayne Dean, RCP-F, CPRS, RPS, ICPR

**Principal Facilitator/Principal Consultant** 

Dwayne@peerrecoverysupport.com

https://www.peerrecoverysupport.com

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Post a Google review to our profile.

https://g.page/r/CaaBOiD1qVHQEBI/review

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## **Enoch Pratt Social Impact Programs**



#### Program Goals:

- Meet customer needs
- Foster inclusive, supportive environment for patrons and staff
- Provide opportunities for community building, collaboration and workforce development

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## Starting the Peer Navigator Program

Organizational transformation timeline:

2020-21: Changes in policy

2021: Partnership with MPAC; peer volunteers in libraries

2022: "Building a Peer Navigator Workforce in Baltimore" grant

2023: First Peer Navigator trainee cohort begins

2024: First cohort graduates; Second Peer Navigator trainee cohort begins









Carefirst 💇 🗸





## About the Peer Navigator Program @ Pratt



**Who:** One full-time Registered Peer Supervisor, one full-time certified peer, 15 Peer Navigator trainees

#### What:

- Person-centered support
- Compassionate, safe environment to discuss substance use
- Referrals, Narcan, Narcan training

What else: Professional and workforce development for the Peer Navigator trainees

Where: Seven Enoch Pratt Free Library locations

When: Peer Navigator trainees work 8 hours/week for one year

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## Why Peers?

- Wraparound services: peers and clinicians provide complementary services
- Lived experience
- Resourceful, resource brokers
- Cheerleaders and motivators
- Promotes a recovery friendly workplace



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#### Peer Navigator Program Impact and Success

#### Data since December 2021:

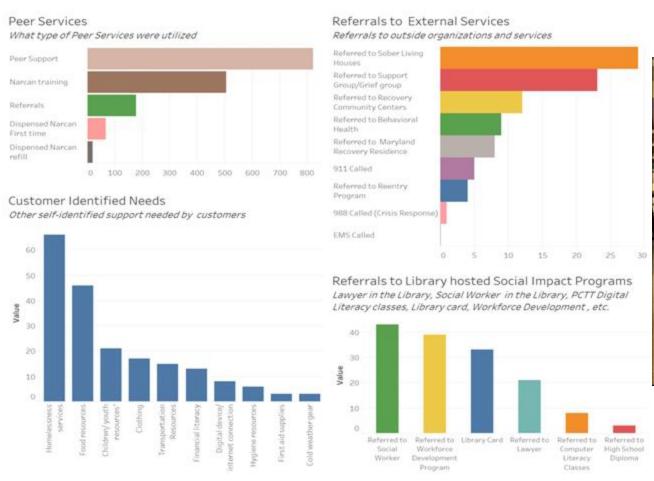
- More than 2,080 customer interactions with Peers
- 740 individuals have received Narcan Training
- Peers distributed 150 Narcan kits
- More than 540 customers referred to Pratt resources
- Approximately 120 individuals referred to other community services



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#### Peer Services and Referrals







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## Peer Navigators @ Pratt





#### Questions? Contact Us!

Donna E. Bruce, CPRS-F, RPS, RCPF <u>dbruce@prattlibrary.org</u>

Carolyn Vidmar, Community Impact Coordinator <a href="mailto:cvidmar@prattlibrary.org">cvidmar@prattlibrary.org</a>





## Contact Information

#### **Contact info:**

Dwayne Dean, RCP-F, CPRS, RPS, ICPR

**Principal Facilitator/Principal Consultant** 

Dwayne@peerrecoverysupport.com

https://www.peerrecoverysupport.com

Peer Recovery Training and Support Services would love your feedback.

Post a Google review to our profile.

https://g.page/r/CaaBOiD1qVHQEBI/review

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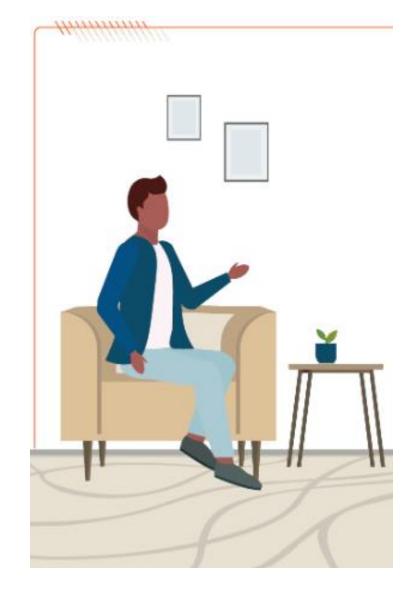


#### Resources

Peer Recovery Training and Support Services

**Enoch Pratt Free Library** 

Donna Bruce Unlimited Inc.





## Q&A and Open Discussion







## SJLA LinkedIn Networking Group

The Social Justice Leadership Academy's (SJLA) LinkedIn Networking Group is a space created for Learning Series participants to connect with one another outside of our monthly events.

This group is intended to serve as a networking hub for individuals seeking to advance social justice within their organizations. By joining this group, you are indicating that you are open to networking with other SJLA participants.





https://www.linkedin.com/groups/12879319/

Scan the QR code or click the link above to join!

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## Social Justice Leadership Academy Learning Series: Upcoming Events

#### **SAVE THE DATE**

**Supporting LGBTQ+ Communities With an Intersectional Lens:** Thursday, June 20, 2024, 12-1 p.m. ET

Register Here: <a href="https://thenationalcouncil-org.zoom.us/webinar/register/WN">https://thenationalcouncil-org.zoom.us/webinar/register/WN</a> Gq5rCEK9Rba2YqN81sF3pg#/registration

\*\*Registration information for these sessions will be sent out to all attendees via email and will additionally be posted on our SJLA Events webpage:

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https://www.thenationalcouncil.org/program/the-social-justice-leadershipacademy/events/



#### Want To Learn More?

#### The Social Justice Leadership Academy

The Social Justice Leadership Academy

Events

The SJLA Workbook FAQS & Contact Us The Social Justice Leadership Academy (SJLA) Learning Series is a free, monthly series of virtual learning events. Topics will include structural and systemic biases, criminal justice reform, applying change management principles to advancing social justice within organizations and more. Learning events will be a mix of informational presentations, workshops and guided discussions.

The SILA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. While we encourage attendees to participate in all events to broaden their knowledge of social justice principles, we understand that attendees may not be able to attend every event.



Each event within the learning series is a standalone presentation within the SJLA content framework to allow attendees to register for as many events as possible as they build their social justice knowledge base at their own pace.

For further learning on topics addressed in the SJLA Learning Series, we recommend the <u>SJLA Workbook</u>, which provides an educational background and self-guided exercises designed to help health care professionals increase their personal and organizational social justice awareness and form action plans for change.

- Watch FREE recordings of past events
- Download resources on SJLArelated topics
- Register for upcoming events
- Purchase our SJLA Workbook
- Contact us!

https://www.thenationalcouncil .org/program/the-social-justiceleadership-academy/

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## Evaluation

Please provide your feedback on this SJLA Learning Series webinar event at the link below. Scan the QR code or type the URL into your browser.



https://www.surveymonkey.com/r/SJLA2024Session2

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## Thank You!



