

NATIONAL
COUNCIL
for Mental
Wellbeing

HEALTHY MINDS
STRONG COMMUNITIES

SAMHSA Requirements for CCBHC Medical Directors

November 13, 2024

Disclaimer

This session is **not** a CMS- or SAMHSA-funded or sponsored event. While this session is intended to provide context and information, the National Council team and presenters are unable to answer any inquiries on behalf of CMS or SAMHSA. Any questions related to the funding opportunity itself will need to be directed to your funding or project officer.



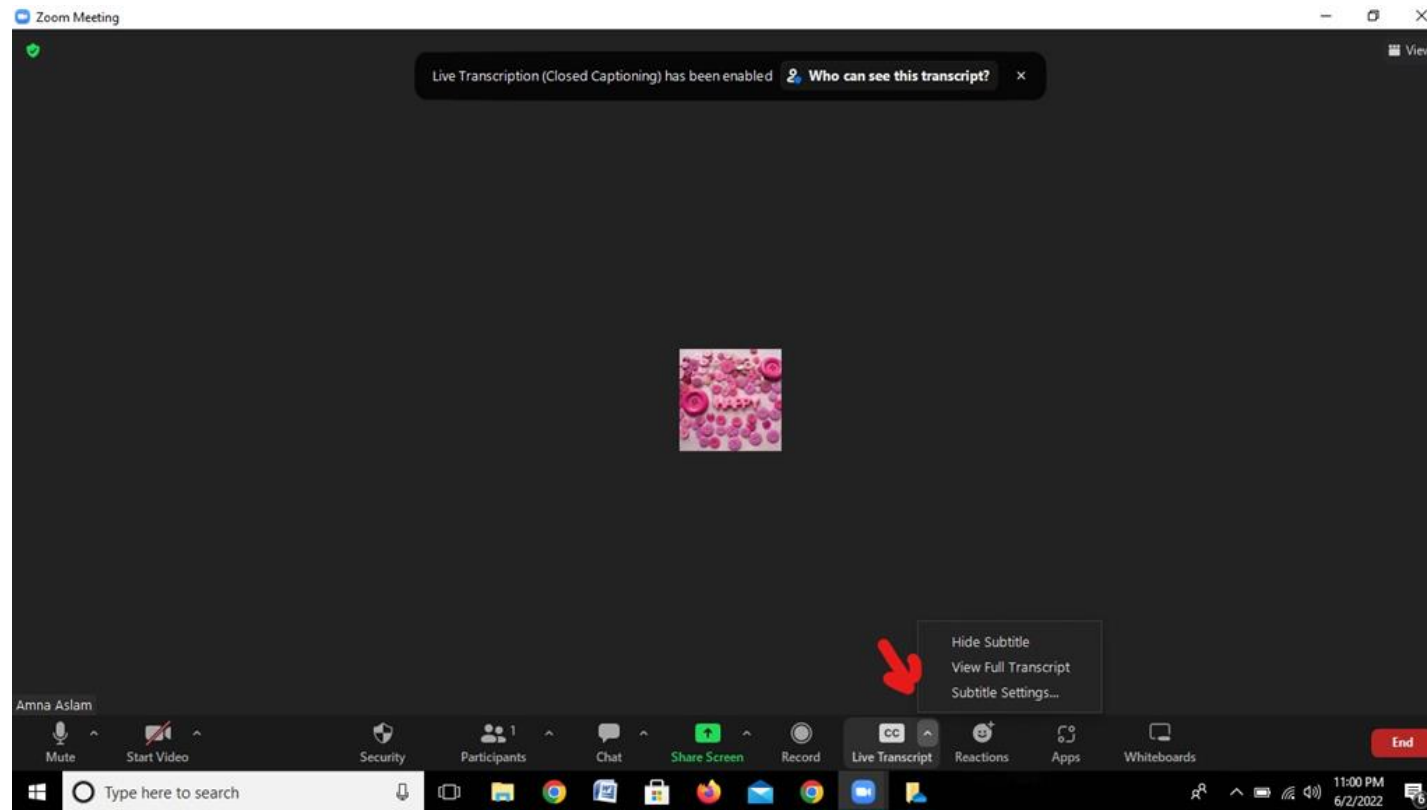


Agenda

- Welcome new CCBHC Medical Directors to the CCBHC Demonstration.
- Provide a high-level overview of the CCBHC requirements that will require involvement from the medical director.
- Use polling and discussion to gain insight on the audience, what type of future support for CCBHC Demonstration Site Medical Directors is desired from the National Council, and plan for future “coaching” or other sessions to be sponsored by the MDI Education Subcommittee.

How to Enable Closed Captions (Live Transcript)

Next to “Live Transcript”, click the arrow button for options on closed captioning and live transcript.



Today's Session: Slides and Recording

Slides and the session recording link will be available on the [CCBHC Success Center website](#) under “Past Events” within 2 business days.

Calendar of Events

CCBHC Success Center

What Is a CCBHC?

Take Action

Implementation Support

Find a CCBHC

Events

Contact Us

Search 🔍

Start Date 📅

End Date 📅

Select Event ▼

Future Events ▼

Future Events

Past Events

Apply



Today's Presenter



Joe Parks, MD
National Council for Mental Wellbeing
Medical Director



Criteria for the Demonstration Program to Improve Community Mental Health Centers and to Establish Certified Community Behavioral Health Clinics

- On April 1, 2014, the Protecting Access to Medicare Act of 2014 (hereinafter “PAMA” or “the statute”) requires the establishment of demonstration programs to improve community behavioral health services, to be funded as part of Medicaid (PAMA, § 223).
- SAMHSA developed CCBHC criteria establishing a basic level of required CCBHC Services to provide high quality care demonstrated by improved outcomes in the behavioral health care system.
- In March 2023, SAMHSA released the updated criteria for certifying community behavioral health clinics.
- <https://www.samhsa.gov/sites/default/files/ccbhc-criteria-2023.pdf>



SAMHSA CCBHC Requirements Referencing Medical Directors

- Six CCBHC Certification criteria explicitly reference Medical Director.
- Many other criteria require Medical Director involvement due to falling under the 3 areas of criteria 1.a.2 involvement below.
- 1.a.2 – Requires:
 - A psychiatrist as Medical Director.
 - The Medical Director is a member of the management team.
 - Medical Director need not be a full-time employee.
 - The Medical Director will:
 - Provide guidance regarding the behavioral health clinical service delivery.
 - Ensure the quality of the medical component of care.
 - Provide guidance to foster the integration and coordination of behavioral health and primary care.



Q&A Poll

- Are you currently meaningfully involved in (yes/no):
 - Providing guidance regarding the behavioral health clinical service delivery?
 - Ensuring the quality of the medical component of care?
 - Providing guidance to foster the integration and coordination of behavioral health and primary care?



NATIONAL
COUNCIL
for Mental
Wellbeing



SAMHSA CCBHC Requirements Referencing to Medical Directors

- More criteria explicitly referencing Medical Director:
 - 1.a.3 - Allows non-psychiatrist with prescribing authority and with access to psychiatric consultation to be medical director in cases of psychiatric shortage.
 - 1.b.2 - If the Medical Director is not experienced with the treatment of substance use disorders, the CCBHC must have experienced addiction medicine physicians or specialists on staff, or arrangements that ensure access to consultation on addiction medicine for the Medical Director and clinical staff.
 - 5.b.1 - The Medical Director is involved in the aspects of the CQI plan that apply to the quality of the medical components of care, including coordination and integration with primary care.



SAMHSA CCBHC Requirements Referencing to Medical Directors

- 4.g.1 - The Medical Director establishes protocols that conform to screening recommendations with scores of A and B, of the United States Preventive Services Task Force Recommendations (these recommendations specify for which populations screening is appropriate) for the following conditions:
 - HIV and viral hepatitis.
 - Primary care screening pursuant to CCBHC Program Requirement 5 Quality and Other Reporting and Appendix B.
 - Other clinically indicated primary care key health indicators of children, adults, and older adults receiving services, as determined by the CCBHC Medical Director and based on environmental factors, social determinants of health, and common physical health conditions experienced by the person receiving services.



SAMHSA CCBHC Requirements Referencing to Medical Directors

- 4.g.2 - The Medical Director will develop organizational protocols to ensure that screening for people receiving services who are at risk for common physical health conditions experienced by CCBHC populations across the lifespan. Protocols will include:
 - Identifying people receiving services with chronic diseases;
 - Ensuring that people receiving services are asked about physical health symptoms; and
 - Establishing systems for collection and analysis of laboratory samples, fulfilling the requirements of 4.g.



Q&A Poll

- Have you developed organizational protocols to ensure screening for common physical health risks? (yes/no)



NATIONAL
COUNCIL
for Mental
Wellbeing

Requirements Involving Medical Components of Care

- 1.c.4 Individuals providing staff training are qualified as evidenced by their education, training and experience.
- 2.a.7 Services are subject to all state standards for the provision of both voluntary and court-ordered services.
- 3.c.2 The CCBHC has established protocols and procedures for transitioning individuals from EDs, inpatient psychiatric, detoxification, and residential settings to a safe community setting. This includes transfer of medical records of services received (e.g., prescriptions), active follow-up after discharge and, as appropriate, a plan for suicide prevention and safety, and provision of peer services.
- 3.c.3 The CCBHC has an agreement with...Specialty providers of medications for treatment of opioid and alcohol dependence; Suicide/crisis hotlines and warmlines.



Requirements Involving Medical Components of Care

- 4.c.1 addressing crises related to substance abuse and intoxication, including ambulatory and medical detoxification.
- 4.d.1 referral through formal relationship to specialized services outside the expertise of the CCBHC are required for purposes of screening, assessment or diagnosis (e.g., neurological testing, developmental testing and assessment, eating disorders).
- 4.d.2 The initial evaluation medical components (4) identification of the consumer's immediate clinical care needs related to the diagnosis for mental and substance use disorders; (5) a list of current medications and other substances the consumer may be taking; (6) an assessment of whether the consumer is a risk to self or to others, including suicide risk factors; (8) assessment of need for medical care (with referral and follow-up as required).



Requirements Involving Medical Components of Care

- 4.d.4 Medical components of comprehensive person-centered and family-centered diagnostic and treatment planning evaluation.
- 4.d.5 an assessment of need for a physical exam or further evaluation by appropriate health care professionals, including the consumer's primary care provider (with appropriate referral and follow-up), or (b) a basic physical assessment.
- 4.f.2 evidence-based medication evaluation and management.
- 5.b.2 specific events to be addressed as part of the CQI plan, including: (1) CCBHC consumer suicide deaths or suicide attempts; (2) CCBHC consumer 30-day hospital readmissions for psychiatric or substance use reasons.



Requirements Involving Integration with Primary Care

- 3.a.1 The CCBHC coordinates care across the spectrum of health services, including access to high-quality physical health (both acute and chronic) and behavioral health care.
- 4.f.4. The CCBHC is responsible for outpatient clinic primary care screening and monitoring of key health indicators and health risk.
- 3.c.1 The CCBHC has an agreement establishing care coordination expectations with Federally-Qualified Health Centers (FQHCs) (and, as applicable, Rural Health Clinics [RHCs])the CCBHC has established protocols to ensure adequate care coordination.
- 1.c.1 a Training must address ...primary care/behavioral health integration.



Requirements Involving Both Medical Components of Care and Integration with Primary Care

- 1.c.2 The CCBHC assesses the skills and competence of each individual furnishing services and, as necessary, provides in-service training and education programs.
- 2.a.8 CCBHCs have in place a continuity of operations/disaster plan.
- 2.c.4 CCBHCs maintain a working relationship and protocols with local EDs.
- 3.a.5 Care coordination requires the CCBHC to determine medications prescribed by other providers and to provide information to other providers for safe, high-quality care.
- 4.e.2 An individualized plan integrating prevention, medical and behavioral health needs.



Requirements Involving Both Medical Components of Care and Integration with Primary Care

- 3.c.5 The CCBHC has an agreement establishing care coordination expectations with inpatient acute-care hospitals, including emergency departments, hospital outpatient clinics, urgent care centers, residential crisis settings, medical detoxification inpatient facilities and ambulatory detoxification providers.
- 4.e.5 The treatment plan is comprehensive, addressing all services required.
- 5.b.1 The CCBHC develops CQI plans focused on indicators related to improved behavioral and physical health outcomes.



Implied Medical Director Requirements

- The Medical Director must have sufficient administrative time not directly involved in direct patient care to ensure the medical component of care and the integration of behavioral health and primary care criteria are met. There is not a requirement that the CCBHC Medical director provide direct care themselves.
- The Medical Director must have a sufficient authority (direct or indirect) to ensure the medical component of care and the integration of behavioral health & primary care criteria are met.
- The Medical Director must have sufficient frequency and duration of interaction with the CEO and other management team members to effectively function as a management team member.



Q&A Poll

- What percentage of your time you have protected/reserved to perform leadership and administrative medical director duties?
 - Less than 10%
 - 10% to 20%
 - 21% to 40%
 - 41% to 60%
 - 61% to 80%
 - 81% 100%



NATIONAL
COUNCIL
for Mental
Wellbeing

Questions & Comments

If you haven't done so already, please place any questions you have in that chat!

What other topics are you interested in for future sessions?



CCBHC Success Center Support

CCBHC Success Center News and Events
Subscription Link:

<https://www.thenationalcouncil.org/program/ccbhc-success-center/implementation-support/#subscribe-form>.

Questions? Contact us at:

CCBHC@TheNationalCouncil.org

Visit our Success Center website at:

<https://www.thenationalcouncil.org/program/cbhc-success-center/>

Home / Our Work / Programs & Initiatives

CCBHC Success Center

CCBHC
Certified Community Behavioral Health Clinic

CCBHC Success Center

What Is a CCBHC?

Take Action

Implementation Support

Find a CCBHC

Events

Contact Us

Welcome to the National Council for Mental Wellbeing's Certified Community Behavioral Health Clinic (CCBHC) Success Center, a hub for data, implementation support and advocacy to support the Certified Community Behavioral Health Clinic initiative. Start here with our CCBHC 101 video and our testimonial video, then use the menu bar on the left to navigate through more information and resources.



Thank You!

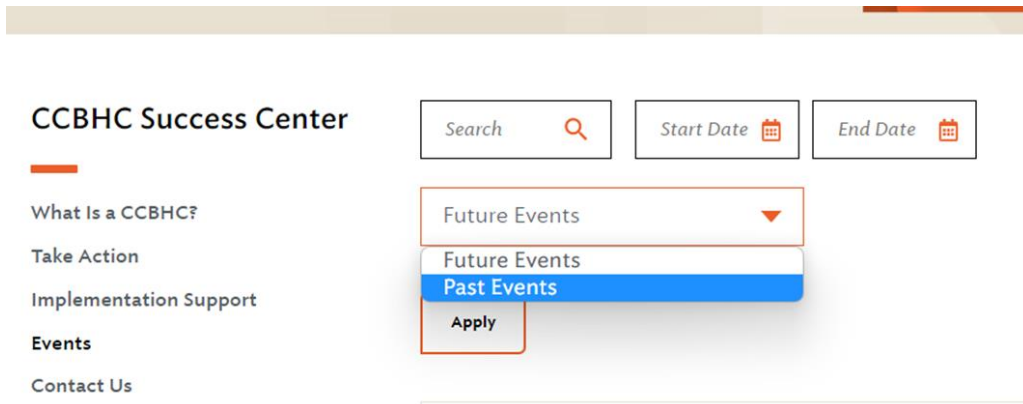
Thank you for attending today's webinar.

Slides and the session recording link will be available on the CCBHC Success Center website under "Events" > "Past Events" within 2 business days.

Your feedback is important to us!

Please complete the brief event survey that will open in a new browser window at the end of this meeting.

You may also scan the QR code (below) to fill out the survey!



NATIONAL
COUNCIL
for Mental
Wellbeing

HEALTHY MINDS
STRONG COMMUNITIES