

# Guide to the CCBHC-E NTTAC

The [CCBHC-Expansion Grantee National Training and Technical Assistance Center](#) (CCBHC-E NTTAC), operated by the National Council for Mental Wellbeing with funding from the Substance Abuse and Mental Health Administration (SAMHSA), provides training, technical assistance and resources to CCBHC grantees on implementation and adherence to the CCBHC model, utilization and integration of evidence-based practices within the CCBHC scope of services, and sustainability and alignment with state implementation of the CCBHC model.

## Who We Are

The [CCBHC-E NTTAC team](#) is a dynamic collaboration between the National Council and a diverse group of partners and consultants with extensive expertise in CCBHC, evidence-based practice implementation and financing.

## What We Do

- **Individual Consultation:** The NTTAC provides free direct consultation and technical assistance to grantees at request. This includes personalized support on understanding and implementing the CCBHC criteria elements, establishing the core services, practice transformation, strategic use of data and quality improvement approaches, workforce strategies and sustainability efforts.
- **Live Technical Assistance:** The NTTAC hosts learning communities, webinars, and various group-based learning activities tailored for CCBHC grantees. These initiatives are aimed at providing education and facilitating strong CCBHC implementation. Through these events, grantees gain insights from expert panelists and experienced CCBHCs.
- **Promotion of Best Practices:** Through training, technical assistance and on-demand resources, the NTTAC identifies and shares best and promising practices from CCBHCs in the field to support other grantees in adopting impactful approaches.
- **Resource Dissemination:** The NTTAC maintains a [library of on-demand resources](#), including on-demand recordings and training modules, toolkits and resource guides that support CCBHC implementation.

## Who We Serve

Our primary goal is to support CCBHC grantees in successful implementation of the model. Since 2021, we have proudly provided support to over 500 organizations within a geographically diverse range of centers, encompassing both rural and urban clinics. Although we focus our efforts on CCBHC grantees, we offer opportunities for grantees to include their partners and other stakeholders in activities and events and our resource library is fully open to the public.



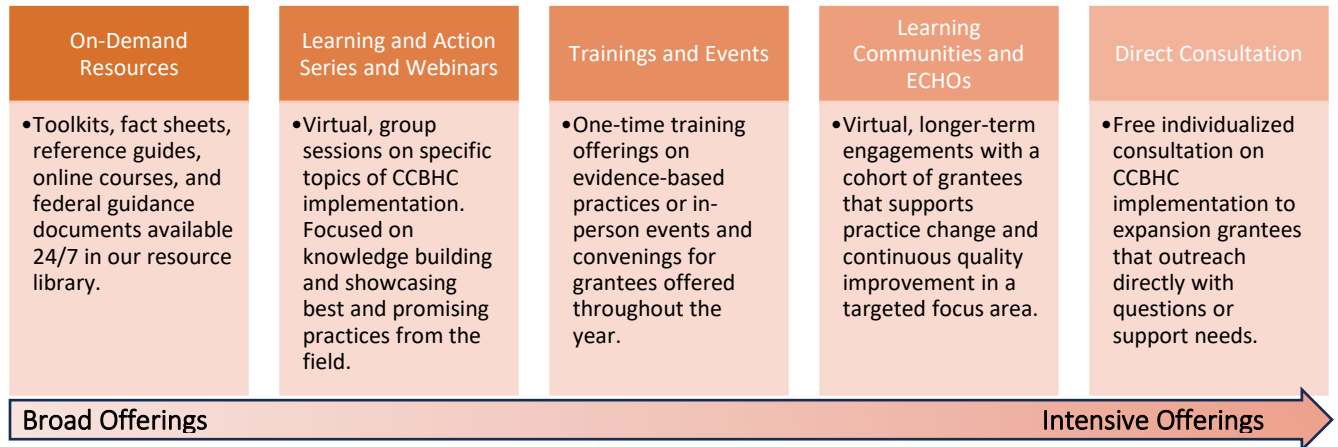
# CCBHC-E National Training and Technical Assistance Center

Funded by Substance Use and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

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## Understanding Our Training and Technical Assistance Offerings

This infographic provides an oversight of our offerings. More details on what to expect provided below.



## Accessing Our Offerings

*Our virtual events and offerings are regularly changing and are accessible through our website.*

**Live Training and Events:** Registration for upcoming webinars, learning and action series, office hours, peer cohort calls registrations can be located on our events page in order date. Learning community registrations are open on a time-limited basis before learning communities start. Click on the [training and events page](#) to access registration to all events.

**Direct Consult/Individualized support:** CCBHC grantees can [request direct consultation](#) access with our subject matter experts. Our inquiry management process ensures a prompt response within 48 hours, either addressing the inquiry via email or initiating an initial consult to assess and provide appropriate support. More details on this process are on the next page.

**Resource Library:** On-demand learning modules, toolkits, guidance documents and other resources are available in the [CCBHC-E NTTAC Resource Library](#).

**Monthly Newsletter:** The NTTAC sends out a monthly newsletter to inform grantees of the upcoming activities, events and resources. To subscribe to this newsletter, please let our team know using the [request direct consultation](#) form or directly emailing our Project Coordinator D'ara Lemon D'araL@thenationalcouncil.org.

### Guidance on Direct Consultation

All CCBHC grantees have access to direct consultation with the NTTAC's subject matter experts. Areas of support that the NTTAC can provide to grantees include:

- Education on the CCBHC criteria and understanding key provisions and elements.
- Guidance on conducting needs assessment and strategic use of needs assessment data.
- Preparing for attestation and documentation.
- Staffing strategies, such as redesigning teams, recruitment and retainment.
- Implementing the required services and care coordination models.
- Strategic use of data and CQI – such as data collection approaches, how to integrate data into workflows and build staff knowledge and use of data, population health management approaches.
- Understanding the national CCBHC landscape, opportunities for sustainability and considerations for certification.

### Consultation Process

Grantees can outreach directly at any time with questions or support needs by [submitting a consultation request form](#). We will respond to your request within 2-3 business days. The inquiry will either be answered via email, if appropriate, or triaged for an initial consult, where we will schedule a call with you and one of our subject matter experts. During the initial call, we will assess the level of support needed and determine the path forward. Generally, direct consultations fall into one of three “buckets”:

- **One-Time Consultation:** If the initial consultation resolves the grantee's questions and needs, the SME will document key points and provide follow-up resources, as needed and there is no further action.
- **Light Touch Support:** If additional support is required, such as a follow-up call, connecting with another SME, or recommended actions tied to existing resources or TTA activities, the SME will provide follow-up resources and schedule any necessary follow-up calls.
- **High Touch Support:** When more intensive, personalized 1:1 support is deemed necessary, the SME will follow the targeted TTA approach, including a brief assessment and the development of a TTA Action Plan. The availability of this level of support is contingent upon clinic's level of need and center capacity.

### Understanding Other TTA Offerings

**Trainings and Events:** The NTTAC offers several opportunities throughout the year for grantees to receive free training in evidence-based practices or in-person convenings open to all grantees. These opportunities are often offered on a first-come, first-serve basis if space is limited, however in-person meetings are designed to accommodate as many participants as possible. Grantees will be notified when registration and sign up for these offerings are available throughout the year. Examples from past years include: Motivation Interviewing, ASAM Criteria, grantee convenings at National Council's Annual Conference.

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**Learning Communities and ECHOs:** The NTTAC offers between 3-6 learning communities or ECHO series a year. Learning communities and ECHO series are conducted virtually and vary in duration depending on the complexity and content needs of the topic (ranging from 3 to 12 months). Learning communities and ECHO series support CCBHC organizational and community-level needs by promoting learning for policy or practice change as well as learning for culture change.

Learning Communities and ECHOs consist of:

- Multi-month, interactive set of regular sessions around a specific topic
- Dedicated cohort of grantees
- Each session contains a mix of content presentations, Q&A, and attendee breakout rooms for peer-to-peer discussion.

**Learning and Action Series and Webinars:** Learning and Action Series are a series of virtual learning sessions focused on a specific topic or area of implementation. These sessions provide topic-specific expert guidance and exchange of knowledge among peers. Webinar events consist of one- to two-hour live or recorded virtual webinars, office hours, or facilitated peer-to-peer sharing sessions on select topics designed to reach large audiences with standardized content.

Learning and Action Series consists of:

- Limited series (3-4) of sessions built around specific topics
- Presentations from internal and external subject matter experts
- Action-oriented takeaways after each session to build upon knowledge gained
- 10-minute Q&A sessions through chat and Q&A

**Peer Cohort Calls:** The NTTAC hosts monthly or bi-monthly cohort calls for the following CCBHC grantee representatives: Executives, Program Directors, Evaluators/CQI Leads, and Medical Directors. Cohort calls Peer Cohort calls are designed to support peer sharing, solution generation, and cross-collaboration. Participants can join these calls as frequently as they would like. For registration see below:

- [Project Director Cohort](#)
- [Evaluators/CQI Lead Cohort](#)
- [Medical Director's Cohort](#)
- [Executive/Leadership Cohort](#)

**On Demand Resources:** The NTTAC's [library of on-demand resources](#) encompass a wide array of materials, including toolkits, fact sheets, webinar recordings, online courses, guidance documents, and publications sourced from authoritative bodies such as SAMHSA, CMS, the National Council, and experienced CCBHC experts. They also include free access to on-demand trainings on CCBHC from Relias and ASAM. For more details on accessing those modules is provided [here](#).