

# Workforce Survey Findings, 2023



**93%**

have experienced **burnout**.



**62%**

have experienced **moderate or severe burnout**.



**48%**

say the impacts of **workforce shortages** have caused them to consider **other employment options**.

**83%**

worry that **shortages in the mental health and substance use treatment workforce** will **negatively impact society** as a whole.

**1/3**

OF THE WORKFORCE report spending most of their time on **administrative tasks**.



**68%**

of those who provide care to patients say the amount of time spent on administrative tasks **takes away from time they could be directly supporting clients**.

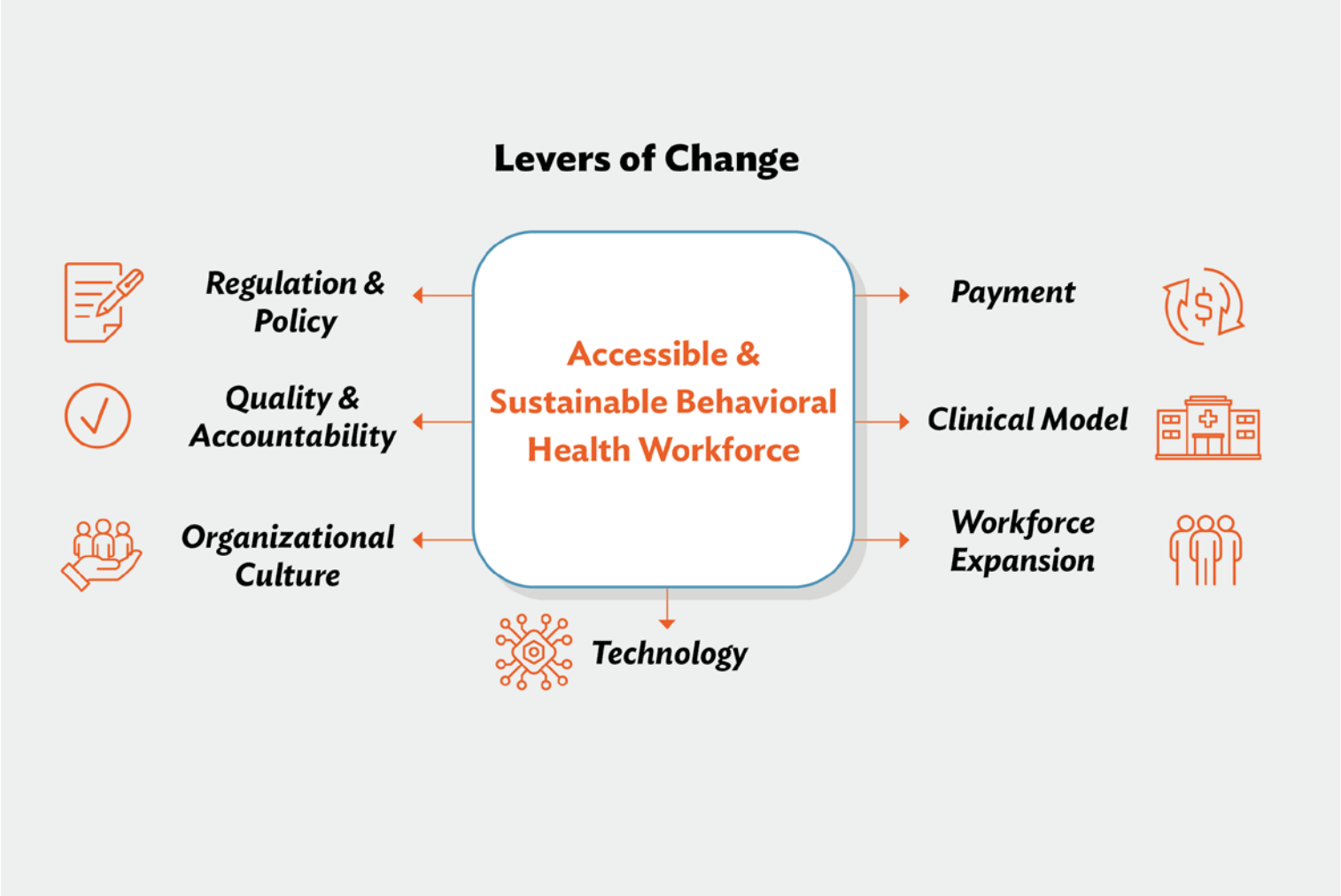
The research was conducted online within the U.S. by The Harris Poll on behalf of the National Council for Mental Wellbeing among 750 behavioral health employees (defined as adults age 18+ who work in the mental health and substance use treatment industry). The survey was conducted between Feb. 3-19, 2023. Data are weighted where necessary to align with their actual proportions in the population. For method details please contact: [WilliamG@TheNationalCouncil.org](mailto:WilliamG@TheNationalCouncil.org)



# What else does the data tell us?

- **Our workforce remains passionate yet fatigued.**
  - Despite challenges created by the workforce shortage, a majority of those in the behavioral health field remain passionate about and fulfilled by their work. Nearly all employees are satisfied with their ability to make a difference for their clients (96%) and to help others at their current job (95%).
- **We need solutions now.**
  - The shortage shows no sign of easing. As of March 2023, there were 4,040 Mental Health Professional Shortage Areas in rural areas, with 2,141 practitioners needed to remove the designations.

# Transforming the workforce requires shifts at various levels



# Stay Engaged

- [\*\*The Workforce Solutions Jam\*\*](#) is a monthly webinar to build national momentum and encourage collaboration through the Workforce Solutions Partnership. Join us on the third Tuesday of each month to engage with subject matter experts, learn about innovative new practices and get updates on new legislation and federal workforce efforts.
- [\*\*The Building a Stronger Behavioral Health Workforce ECHO series\*\*](#) has run two cohorts engaging over 70 organizations to gather and explore innovative, scalable workforce solutions.
- [\*\*Subscribe\*\*](#) to National Council News to keep informed on future workforce offerings

